



Republic of the Philippines
Province of Oriental Mindoro
MUNICIPALITY OF ROXAS

OFFICE OF THE SANGGUNIANG BAYAN

EXCERPTS FROM THE JOURNAL OF THE 33rd REGULAR SESSION OF THE 9TH SANGGUNIANG BAYAN OF ROXAS, ORIENTAL MINDORO HELD ON 10 APRIL 2017, 10:30 A. M. AT THE SANGGUNIANG BAYAN SESSION HALL.

Present:

Vice Mayor Jackson Cinco Dy	- Presiding Officer
Councilor Cesar T. Baticos	- Member
Councilor David D. De La Cruz	- Member
Councilor Juanito A. Bacay, Jr.	- Member
Councilor John John S. Yason	- Member
Councilor Agustin L. Cusi	- Member
Councilor Ruel S. Taytay	- Member
Councilor Eduardo K. Soriano	- Member
Councilor Gualberto V. Magno	- Member
Councilor Joseph M. Galicia	- President, Liga ng mga Barangay

Absent: NONE

RESOLUTION NO. 041

Series of 2017

RESOLUTION ENCOURAGING THE SERVING OF NON-CARBONATED DRINKS AND HEALTHY BEVERAGES DURING MEETINGS, TRAININGS AND OTHER SIMILAR ACTIVITIES OF THE MUNICIPAL GOVERNMENT OF ROXAS, ORIENTAL MINDORO AND OTHER GOVERNMENT INSTRUMENTALITIES.

- WHEREAS,** the World Health Organization (WHO) recognizes that consumption of carbonated drinks and highly concentrated drinks/juices contributes to the growing incidence of obesity;
- WHEREAS,** the 2013 DOST-FNRI National Nutrition Survey reveals that more and more Filipinos, especially among those 20 years old and above are getting obese;
- WHEREAS,** the prevalence of overweight and obesity in the country increased from 16.6% in 1993 to 31.1% in 2013;
- WHEREAS,** carbonated drinks and highly concentrated juices contain sugar, artificial sweeteners, caffeine phosphorus and carbon acids which have harmful effects to the body;
- WHEREAS,** artificial sweeteners result to increased cravings, increase incidence of dental caries or tooth decay and impair the body's ability to absorb calcium, causing a high risk of bone fracture due to reduced bone mass;

JACKSON CINCO DY

FERDINAND V. TALENS, MPA

WHEREAS, according to the Harvard School of Public Health, people who consume 1 to 2 or more cans of sugary drinks a day have a 26% greater risk of developing type II diabetes mellitus than people who rarely consume such drinks,

WHEREAS, based on DOH survey, type II diabetes is the 8th cause of mortality in the Philippines in 2011;

WHEREAS, in the Philippines, carbonated drinks is the most commonly served beverage/drinks during meetings, conferences, seminars and similar activities;

WHEREAS, in lieu of carbonated drinks and highly concentrated juices, the Municipal Nutrition Council of Roxas recommends serving of water and healthy juices and beverages such as tea of any kind, herbal, green or black which are rich in antioxidants and shown to protect the body in many health problems.

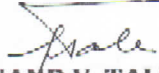
NOW THEREFORE, on motion of Councilor John John S. Yason duly seconded by Councilor Agustin L. Cusi -

BE IT RESOLVED to encourage as it hereby encourages the serving of non-carbonated drinks and healthy beverages during meetings, trainings and other similar activities of the municipal government of Roxas, Oriental Mindoro and other government instrumentalities.

RESOLVED FURTHER to send copies of this resolution the Office of the Municipal Health Officer, Rural Health Unit for her information and reference.

Adopted: 10 April 2017

CERTIFIED CORRECT:


FERDINAND V. TALENS, MPA
Secretary to the Sangguniang Bayan

ATTESTED:


JACKSON CINCO DY
Municipal Vice Mayor

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received by:
Engr. Maria Chiefa T. Bitanor
4/25/17